VALERIE B. LUMBATAN

Senior Caregiver / Home Health Aide

PROFESSIONAL SUMMARY

Dedicated, certified healthcare professional with over 3 years of hands-on experience providing compassionate, high-quality care in home health and domiciliary settings. Proven expertise in assisting with Activities of Daily Living (ADLs), executing detailed care plans, and monitoring patient well-being. Possesses formal U.S.-equivalent caregiving credentials and specialized training in dementia, mental health, and infection control. Committed to supporting resident independence while working seamlessly within a multi-disciplinary professional care team.

PROFESSIONAL EXPERIENCE

Domiciliary Caregiver / Home Health Aide November 2022 – Present

Apex Prime Care – Newhaven Branch, UK

- Deliver comprehensive personal care and assist clients with critical **Activities of Daily Living (ADLs)**, including bathing, dressing, grooming, and toileting support.
- Accurately administer and prompt medications strictly adhering to customized care plans, corporate policies, and safety standards.
- Closely monitor patient health, cognitive functions, and general well-being, proactively reporting physical or behavioral changes to clinical managers, family members, and medical professionals.
- Utilize advanced training in **Dementia Care** and **Positive Behaviour Support (PBS)** to manage complex behaviors and promote person-centred comfort.
- Maintain strict client privacy, dignity, and infection control protocols in alignment with healthcare regulations.

EDUCATION & CREDENTIALS

- **NC II Caregiving Certification** | *St. Albans College*
  (Comprehensive healthcare support and patient care curriculum)
- **Phlebotomy Certification** | *Centre of Medical Sciences and Research, London*
- **Bachelor of Science in Commerce (Management Accounting)** | *Stella Maris College*

CORE COMPETENCIES & CLINICAL TRAINING

- **Clinical Care:** Activities of Daily Living (ADLs), Medication Administration, Monitoring Vitals, Infection Prevention.
- **Specialized Care:** Dementia & Alzheimer's Support, Mental Health Awareness, Positive Behaviour Support (PBS).
- **Safety & Compliance:** Patient Privacy & Dignity, Patient Safeguarding, Fire & Workplace Safety, Fluids & Nutrition.
- **Logistics:** Full Valid Driving License (UK).